



# Team Playbook



*Empowering Couples for Winning Marriages - A MarriageTeam E-publication - April 2011*

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- [Coach Training](#)
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Talk Radio Show  
**MarriageTeam LIVE**  
 KPAM 860  
 Sunday 5-6 PM



## Prayer Requests



Pray  
 for the couples currently  
 being coached.

Pray  
 that our awareness efforts  
 will be blessed.

Pray

## Persistence + Patience = Renewal

Dear Alan,

*Autumn and I wanted to share with you a story of renewal in celebration of this Easter season.*

Peggy and Don were like many couples, moving along at a good clip in life, but slowly drifting apart. We all get caught up in it, the kids, friends, church, jobs etc, etc...our activities eat into our time and before we know it, our dearly beloved is distant. We never intend to go down this road, but in today's world, life pulls us in many directions.

Peggy and Don were one such couple, slipping away from each other and Peggy knew her job was a cause. Peggy's employer required her to travel 3-4 weeks in a row multiple times a year. It's hard to consider changing from a job you love, but when it competes with other things in your life, something has to give. The problem was, the area of her life that was 'giving ground' the most was her relationship with Don. They both sincerely wanted to...  
[\(click here to read more\)](#)...

## News You Can Use

Helping you eliminate  
 the impact of divorce  
 Sponsored by *MarriageTeam*



*If you've ever felt helpless watching a family fall apart, and wish you could have helped, this event will equip you to make a difference!*



Dave Arthur

DATE: Tuesday, April 19th  
 TIME: 12 pm - 1 pm

for our newest coaches who are just taking their first couples.

Pray for a successful May 5th Radiothon.

Our Sponsors



Marriage Myths

Myth:

Married people have less satisfying sex lives, and less sex, than single people.

Truth:

According to a large-scale national study, married people have both more and better sex than do their unmarried counterparts. Not only do they have sex more often but they enjoy it more, both physically and emotionally.

**NW Marriage Institute**

Bruce Sussman  
KOIN Local 6

**LOCATION: Heathman Lodge  
Vancouver, Washington**

104.1  
The Fish

**ADMISSION IS FREE (but seating is limited)**

**Register Here, e-mail or call 360-450-3181.**

**RSVP required**

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*A non-obligatory offering will be taken to help support MarriageTeam's work in Oregon & SW Washington*

*Provides matching funds for upcoming Radiothon May 5th, 104.1 FM The FISH*

**Be Part of History!**

Volunteer to answer phones at MarriageTeam's FIRST annual R-A-D-I-O-T-H-O-N

*It is exciting, lively and a ton of fun.*

**When:** Thursday, May 5th 6am - 6pm w/ free lunch!

**What:** We need you for a 2-hour shift (or more)

**How:** Simply answer calls when they come in - no sales!

**Why:** Raise awareness and funds for MarriageTeam

**Sign up by clicking here!**



**Thank you Sponsors!!**



**APPLIANCE & REFRIGERATION HOSPITAL**

**" Since 1947 "**  
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**Marriage Coaching Workshop Hosted by Western Seminary**

*Spring classes available!*

- Each class is two hrs
- Just \$10 per person
- Marital Communication and Conflict Resolution
- Creating a Faithfulness Plan/Writing your Marriage Legacy
- Building a Healthy Marriage/The Seven Stages of Marriage
- The Marriage Fog-how your marriage can survive and thrive
- How to Understand & Communicate with your mate

To register [click here](#)

The St. Joe's **Dynamic Marriage Seminar** will run Sunday nights 7-9pm, starting May 15 and ending July 17 (no class July 3). Classes will be held in the St. Ignatius room in the new Parish Hall, at St. Joseph Catholic Church, 600 S Andresen Rd., Vancouver WA 98661.

For information about the class, contact facilitators Maria and Jaime Nicacio, 360-253-7027 or [nicacio007@comcast.net](mailto:nicacio007@comcast.net).

To register contact St. Joseph's parish office 360-696-4407.

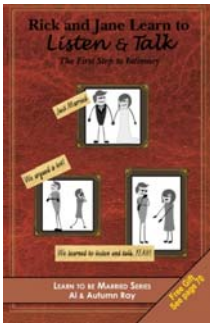
**Question of the Month**

*What is the reason most people give when they are asked why they are getting married?*



If you know the answer, [click here](#) to post it to our **FACEBOOK PAGE**.

We'll post this edition's answer in next months publication.



This workshop is for counselors, pastors who are involved in or oversee family ministries, couples in marriage ministry, couples who want to help other couples, and coaches who want to learn about couple coaching. All attendees are encouraged to bring their spouse, fiancée, or significant other.

**In this workshop, attendees will...**

- Understand the relationship of marriage coaching to ICF coaching and critical couple coaching skills.
- Understand the basic communication processes that are crucial to couple coaching.
- Become familiar with a marriage coaching process.
- Be able to practice couple coaching skills in a real coaching situation with another couple and receive feedback.

**Where:** Western Seminary, Burmann Hall, 101

**When:** June 12, 8:30 - 4:00

**Cost:** \$59 per couple plus processing fee

**Includes:** Lunch & book

**Call:** 360-450-4131 to register or [Register Here](#).

**My Mother-in-Law - Grunt, Groan, Sigh...***The Intricacies of Communication*

My mother-in-law has moved to town - one street over. Believe it or not, this is a good thing in many ways. We get along well. We've even traveled together. But this is the first time in 34 years of marriage that Greg and I have lived in the same city with his mom. We now have a whole new set of things to communicate about!

Through the principles of Better Marriages (previously called Association for Couples in Marriage Enrichment - ACME), Greg and I have learned the importance of "couple dialogue". We use I Messages and avoid "always" and "never", we communicate fully our self awareness and we practice attentive listening skills.

As time approached for his mother's move... (please [click here to read more](#))...



We are also on **Twitter**, if you prefer that. Find us at:

[www.twitter.com/MarriageTeam](http://www.twitter.com/MarriageTeam)

## It Really Is For The Kids...



**AN 8-DECADE STUDY FINDS PARENTAL DIVORCE IN CHILDHOOD STRONGEST PREDICTOR OF EARLY DEATH IN ADULTHOOD.**

*How to Keep Going and Going*

In an eight-decade study, parental divorce in childhood was the strongest predictor of early death in adulthood. Full article:

<http://tinyurl.com/4n6a3n7>

## Carb Up and Help MarriageTeam



Get filled up for the 2011 Vancouver Marathon and while you do, help MarriageTeam strengthen and save marriages!

**10% goes directly to MarriageTeam!**

**When: Saturday, June 18, from 4pm-9pm**

**Where: Galeotti's Restaurant - 801 East Main St. Battleground.**

**How: Tickets Required, call 360-666-4877, or [click here](#) for more information.**

Thanks for letting MarriageTeam be a part of your e-mail reading. Give us a call **(866-831-4201)** or send us an [e-mail](#) if you have any questions or comments on this new format. We welcome the opportunity to serve you.

[Get others connected!](#)



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