



# MARRIAGETEAM

*EMPOWERING COUPLES FOR WINNING MARRIAGES*

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## Pre-Marital Assessment

A study published in Journal of Family Psychology concluded that couples who received an average of 8 hours of premarital education had a 31% lower chance of divorce after 4 years.<sup>1</sup> This inventory will give you insight into whether or not pre-marital coaching might be helpful. All questions can be answered with either **True or False**.

1.  We have developed a budget.
2.  I am completely satisfied with the way we solve problems.
3.  I do not expect to have any issues/problems with my in-laws.
4.  We are able to deal with our anger in a constructive manner
5.  I am satisfied with the way my fiancé picks up after himself or herself.
6.  I am satisfied with the amount of time that my fiancé spends with me.
7.  We have completed at least six sessions of pre-marital counseling.
8.  Our parents have never been divorced.

If you answered any questions with a **False**, then you could benefit from pre-marital coaching. MarriageTeam coaches use the internationally recognized PREPARE inventory to help you create the marriage you want. To learn more about MarriageTeam coaching, call 360 450-6042.

<sup>1</sup> Stanley, Scott M. Amato, Paul. Johnson, Christine A. & Markman, Howard J. Premarital Education, Marital Quality, and Marital Stability: Findings From a Large, Random Household Survey. *Journal of Psychology*, 2006, Volume 20, pp. 117-126.